

# Downsizing checklist



## Living room

- Keep:** One of two comfortable chairs
- Keep:** A small sofa
- Keep:** A few sentimental books and magazines
- Keep:** Two or three sentimental decorative items
- Donate:** Bulky furniture
- Donate:** Excessive decorations
- Donate:** Extra books and magazines

## Kitchen and Dining

- Keep:** One or two pots and pans
- Keep:** A set of four or six plates, bowls, mugs and glasses
- Keep:** Cutlery for everyday use
- Keep:** Kettle and toaster
- Keep:** Four to five tea towels, a set of placemats and two tablecloths
- Keep:** A few airtight containers for biscuits and snacks etc
- Keep:** A four-seater dining set
- Donate:** Extra appliances (mixer, refrigerator, air fryer, stove, oven, etc)
- Donate:** Extra sets of dinnerware, tableware, cutlery and crockery
- Donate:** Bulk pantry items

## Bedroom

- Keep:** Bed base and mattress
- Keep:** Four to five sheets, four pillows and two doonas
- Keep:** Bedside tables or chest of drawers and reading lamps
- Keep:** Television set and radio or any other entertainment equipment
- Donate:** Clothes that do not fit or are out of season
- Donate:** Vases, extra photo frames
- Donate:** Extra books and magazines

## Laundry and storage

- Keep:** One laundry basket and basic detergents
- Keep:** Mop, broom and vacuum cleaner
- Keep:** Iron and ironing board
- Donate:** Washing machine and dryer (if your retirement home already has them)
- Donate:** Extra mops, buckets and other cleaning equipment

## Garage and outdoor

- Keep:** One or two pot plants
- Keep:** Essential car documents (registration, insurance)
- Keep:** A four seater outdoor dining set
- Donate:** Excess sports and gym equipment like bikes, weights, dumbbells
- Donate:** Maintenance items like lawn mower, ladders, wheel barrows or tools

## Final steps before moving in to your new home

- Pack essentials box (medications, documents, first night items)
- Arrange for mail redirection and change of address
- Notify utility providers, banks and subscriptions
- Confirm moving day logistics
- Take a moment to enjoy this new chapter

## Extra notes

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